



# MONTHLY MENU

APRIL FOODSERVICE

## H&H CLASSICS

Beloved, traditional recipes made with Hale and Hearty quality and expertise.

**\*FRENCH ONION..18213.....(D, GF)**  
*Slow simmered veal stock and sherry wine make up this classic recipe. Add your own baguette and cheese for the full effect.*

**\*BROCCOLI CHEDDAR..18125.....(GF, AN)**  
*The perfect blend of fresh broccoli and aged cheddar cheese.*

**\*SPLIT PEA WITH DOUBLE SMOKED BACON...18104....(D, GF, AN)**  
*A thick, pureed classic blend of green and yellow split peas with nitrate free double smoked bacon in chicken stock.*

**\*LOBSTER BISQUE..18214.....(GF)**  
*Maine lobsters simmered in lobster stock with onions, potatoes, garlic, Spanish paprika, and sweetened with a touch of Sherry.*

**\*CREAM OF WILD MUSHROOM..18296.....(GF, AN)**  
*A rich and satisfying soup of Portabella, Cremini, and Shiitake mushrooms with fresh cream and pepper.*

**\*TOMATO BISQUE....18263.....(GF, AN)**  
*A sweet blend of tomatoes, basil, and cream spiced with paprika and white pepper. Perfect to pair with grilled cheese.*

**BEEF BARLEY..18226.....(AN)**  
*This full-bodied soup is made with beef, barley, fresh veggies and herbs simmered in a rich brown broth.*

**CLASSIC CHICKEN NOODLE..18204.....(L, D)**  
*A simple soup, made to make you feel right at home.*

**HOMESTYLE CHICKEN NOODLE..18200.....(L, D)**  
*A classic favorite, made with chicken, carrots, potatoes, and noodles cooked in our famous chicken stock.*

**CLASSIC LENTIL..18127.....(VN, V, L, D, GF)**  
*Fresh vegetables and Spanish lentils simmered together in a vegetarian broth flavored with cumin and parsley.*

**CLASSIC MINESTRONE..18102.....(D)**  
*A delicious Italian soup loaded with fresh vegetables, pancetta, white kidney beans, and pasta.*

**CREAM OF BROCCOLI..18129.....(GF, AN)**  
*A creamy blend of broccoli simmered with potatoes, garlic, and cream.*

**CREAM OF TOMATO W/ CHICKEN & ORZO..18224.....(AN)**  
*Sweet and creamy, this tomato soup is loaded with chicken, orzo, basil, and a hint of paprika and cayenne peppers.*

**TOMATO CHEDDAR..18112.....(GF, AN)**  
*A sweet blend of tomato puree and aged Vermont Cheddar.*

**TRADITIONAL ITALIAN WEDDING..18231.....**  
*A wedding of meatballs, orzo, and fresh vegetables.*

**VEGETARIAN SPLIT PEA..18115.....(VN, V, L, D, GF, AN)**  
*A low fat, vegetarian version of our famous split pea soup.*

**TUSCAN WHITE BEAN W/ SPINACH..18114.....(VN, V, L, D, GF, AN)**  
*A blend of Italian cannelloni beans and vegetables with garlic, thyme, basil, and white pepper.*

## MACS, BAKES & HEARTY MEALS

Inspired by our favorite comfort dishes, serve these satisfying, thick recipes as a meal on their own or as a hearty accompaniment.

**~NEW~\*ROMAN TOMATO SAUSAGE & PEPPERS..18284.....(GF)**  
*A soup version of the classic Italian combination of sweet sausage and peppers in a delightful tomato broth. Serving suggestion: over noodles.*

**\*PENNETTE ALLA VODKA..18177.....(V)**  
*Our soup version of a favorite Italian recipe - with tender pasta and Chef Bruce's own homemade vodka sauce.*

**\*BROKEN LASAGNA...18306.....**  
*Extremely satisfying, made with ground beef, ricotta and parmesan cheese, mafalda pasta, basil, and olive oil.*

**\*HOMESTYLE MAC & CHEESE..18139.....(V)**  
*Our creamiest mac and cheese, made with aged Vermont cheddar and elbow macaroni.*

**CHICKEN & SAUSAGE JAMBALAYA...18222.....(D, GF)**  
*A New Orleans dish, made with chicken, Andouille sausage, Tabasco sauce, and Cajun seasonings.*



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### SEASONAL

Drawing inspiration from fresh ingredients unique to each season.

**\*ROASTED RED PEPPER SMOKED GOUDA...18302.....(V, GF)**  
Roasted red peppers and tomatoes blended with freshly grated smoked gouda and a hint of cream.

**\*TOMATO CORN & BASIL..18168.....(VN, V, D, GF, AN)**  
This is a light tomato soup loaded with sweet corn fresh from the cob and Italian basil.

**\*LEMON CHICKEN SPINACH & ORZO...18303.....(D)**  
A delicate combination of lemon, chicken, spinach and orzo makes this a light, Mediterranean-inspired soup.

**\*SWEET CHERRY TOMATO..18189.....(VN, V, L, D, GF, AN)**  
We take sweet Italian cherry tomatoes and simmer them with only the barest of ingredients to let the flavor shine through.

**\*CHICKEN CORN BISQUE...18249.....(GF, AN)**  
Using tons of fresh corn right off the cob, this creamy bisque is velvety and loaded with white meat chicken.

### CHUNKY SOUPS & STEWS

Each spoonful packed with wholesome, thick, chunky ingredients.

**\*ZUCCHINI EGGPLANT & CHICKPEAS..18182.....(VN, V, D, GF, AN)**  
Chickpeas, zucchini, and eggplant simmered with tomatoes, leeks, mushrooms, squash, and mixed peppers, seasoned with basil, oregano, parsley, and garlic.

**\*OLD FASHIONED CHICKEN & DUMPLINGS...18269.....**  
Our version of this classic pairing of chicken and dumplings.

**\*CHICKEN AND RICE....18218.....(D, GF, AN)**  
Our famous chicken stock loaded with Savoy cabbage, chicken, parsnips, turnips, rice, and parsley.

**\*CHUNKY POTATO LEEK..18126.....(GF, AN)**  
Thick and creamy soup made with loads of diced potatoes, fresh leeks, and parsley.

**CHICKEN POT PIE..18229.....(GF, AN)**  
A soup version of this classic American dish; loaded with carrots, potatoes, green peas, chicken, and herbs.

**WILD MUSHROOM BARLEY..18116.....(VN, V, L, D, AN)**  
A mix of crimini, shiitake, and Portobello mushrooms blended together with barley, green peas, and fresh dill.

### EXOTIC

Packed with exciting and distinct flavors from around the world.

**\*CHICKEN CHOW MEIN...18220.....(L, D, AN)**  
Light and flavorful with Shiitake Mushrooms, tender chicken and delicate baby corn.

**\*SOUTHWEST VEGETABLE..18133.....(VN, V, L, D, GF, AN)**  
A spicy soup mixed with southwest vegetables in a red pepper tomato broth. Accented with tender black beans it's a meal in its self.

**\*GRILLED CHICKEN QUESADILLA..18308.....(AN)**  
Simmered chunks of grilled chicken with Monterey Jack cheese, mushrooms, onions, and bell peppers.

**\*SENEGALESE CHICKEN WITH PEANUTS..18241.....(D, GF)**  
Spicy and complex African-style tomato soup loaded with white meat chicken, peanuts and spices.

**CURRIED CHICKEN CHOWDER..18227.....(GF, AN)**  
This creamy Indian-style chowder is loaded with potatoes, chicken, vegetables, and spices.

**MULLIGATAWNY..18141.....(GF)**  
Made with coconut milk and curry powder, this classic Indian soup is loaded with red lentils, ginger, and saffron.

**PORTUGUESE KALE SOUP..18217.....(D, GF)**  
A combination of cannellini and red kidney beans simmered with pork sausage, tomatoes, kale, and crushed red pepper.



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### REDUCED SODIUM

Reduced sodium version of our Hale and Hearty classics.

**\*REDUCED SODIUM TEN VEGETABLE..18184.(VN, V, L, D, GF, AN)**  
Sodium: 463 Mgs (Original Version: 720 Mgs).

**\*REDUCED SODIUM HOMESTYLE CHICKEN NOODLE..18203.....(L, D)**  
Sodium: 479 Mgs (Original Version: 790 Mgs).

### LIGHTER

Full flavored, yet light and brothy at or below 150 calories in an 8oz serving.

**\*MARYLAND CRAB..18206.....(L, D, GF)**  
The next best thing to Maryland crab cakes! A rich, satisfying soup loaded with sweet crab meat and fresh vegetables.

**\*WILD MUSHROOM KALE & ORZO..18300.....(VN, V, L, D, AN)**  
Crimini, Portobello, and Shiitake mushrooms simmered with tomatoes and kale, seasoned with thyme and garlic.

**\*VEGETARIAN RED LENTIL..18304.....(VN, V, L, D, GF, AN)**  
We simmer red lentils and add our farm fresh vegetables making a robust soup that is healthy and delicious.

**\*ITALIAN LENTIL PASTINI..18105.....(VN, V, L, D)**  
Thick lentil soup in a base of rich tomato and vegetables with pasta and a touch of fresh basil.

**CHICKEN VEGETABLE..18280.....(L, D, GF, AN)**  
Vegetables and chicken simmered in scratch-made chicken broth with dill.

**GINGER CARROT ARTICHOKE..18103.....(VN, V, L, D, GF, AN)**  
A light puree of fresh ginger and carrots with tender pieces of artichoke. This soup can be served hot or chilled.

**PASTA E. FAGIOLI..18108.....(VN, V, L, D)**  
A classic Italian soup of ripe tomatoes simmered with red kidney beans, pasta, and Italian herbs.

**SPICY CHICKPEAS & LEMON..18219.....(VN, V, L, D, AN)**  
A spicy vegetarian soup of chickpeas and tomatoes, seasoned with garlic, crushed red pepper, and a touch of lemon.

**TEN VEGETABLE..18110.....(VN, V, L, D, GF, AN)**  
This hearty, tomato based soup is loaded with fresh vegetables and herbs, and seasoned with garlic and basil.

**TOMATO BASIL W/ RICE..18113.....(VN, V, L, D, GF, AN)**  
A robust tomato broth, brimming with rice and fresh basil.

**TOMATO KALE..18205.....(VN, V, L, D, GF, AN)**  
A light tomato broth chock-full of Tuscan kale and sweet basil with garlic and olive oil.

**VEGETABLE NOODLE..18117.....(L, D)**  
Our very own Soup Starter made with chicken stock, noodles, and fresh vegetables that can be served alone or with an added protein for more flavor.

### CHILI

Our take on the traditional chili, with delicious seasonings and spices.

**HOMESTYLE TURKEY CHILI..18283.....(D, GF)**  
A hearty full-flavored chili, loaded with ground turkey and spiced with poblano, chipotle, and mixed peppers.

**\*TEXAS BEEF CHILI..18230.....(D)**  
Tender ground beef enveloped in a deep, chili flavored sauce sweetened with a touch of dark beer.

**THREE LENTIL CHILI..18111.....(VN, V, L, D, GF)**  
A rich blend of red, green, and yellow lentils with dark brown sugar, spices, peppers, and simmered vegetables.



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### CHOWDER

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Our chunky, flavorful chowders, including original recipes of this classic comfort food.

**\*SOUTHWEST SHRIMP & CORN CHOWDER...18158.....(GF, AN)**

*With sweet corn right off the cob, diced potatoes, fresh shrimp, peppers, and southwestern seasonings.*

**H&H NEW ENGLAND CLAM CHOWDER..18107..(GF, contains pancetta)**

*The flavorful combination of clams, pancetta, and potatoes with the special H&H touch of parsley and scallions.*

**TRADITIONAL NEW ENGLAND CLAM CHOWDER..18266.(contains bacon)** *Thick and creamy, loaded with clams, bacon, and potatoes.*

**MANHATTAN CLAM CHOWDER....18106.....(GF)**

*Tomato based chowder brimming with clams, pancetta, potatoes, and a dash of Tobasco sauce for a hint of heat.*

**SWEET CORN CHOWDER..18109.....(GF)**

*Potatoes, sweet corn, and nitrate free bacon simmered in a creamy broth with a hint of white and cayenne pepper.*