



MONTHLY MENU

AUGUST FOODSERVICE

H&H CLASSICS

Beloved, traditional recipes made with Hale and Hearty quality and expertise.

***FRENCH ONION..18213.....(D, GF)**
Slow simmered veal stock and sherry wine make up this classic recipe. Add your own baguette and cheese for the full effect.

***SPLIT PEA WITH DOUBLE SMOKED BACON..18104....(D, GF, AN)**
A thick, pureed classic blend of green and yellow split peas with nitrate free double smoked bacon in chicken stock.

***LOBSTER BISQUE..18214.....(GF)**
Maine lobsters simmered in lobster stock with onions, potatoes, garlic, Spanish paprika, and sweetened with a touch of Sherry.

***TOMATO BISQUE..18263.....(GF, AN)**
A sweet blend of tomatoes, basil, and cream spiced with paprika and white pepper. Perfect to pair with grilled cheese.

BEEF BARLEY..18226.....(AN)
This full-bodied soup is made with beef, barley, fresh veggies and herbs simmered in a rich brown broth.

CLASSIC CHICKEN NOODLE..18204.....(L, D)
A simple soup, made to make you feel right at home.

HOMESTYLE CHICKEN NOODLE..18200.....(L, D)
A classic favorite, made with chicken, carrots, potatoes, and noodles cooked in our famous chicken stock.

CLASSIC LENTIL..18127.....(VN, V, L, D, GF)
Fresh vegetables and Spanish lentils simmered together in a vegetarian broth flavored with cumin and parsley.

CREAM OF BROCCOLI..18129.....(GF, AN)
A creamy blend of broccoli simmered with potatoes, garlic, and cream.

CREAM OF TOMATO W/ CHICKEN & ORZO..18140.....(AN)
Sweet and creamy, this tomato soup is loaded with chicken, orzo, basil, and a hint of paprika and cayenne peppers.

TOMATO CHEDDAR..18112.....(GF, AN)
A sweet blend of tomato puree and aged Vermont Cheddar.

TRADITIONAL ITALIAN WEDDING..18231.....
A wedding of meatballs, orzo, and fresh vegetables.

VEGETARIAN SPLIT PEA..18115.....(VN, V, L, D, GF, AN)
A low fat, vegetarian version of our famous split pea soup.

TUSCAN WHITE BEAN W/ SPINACH..18114.....(VN, V, L, D, GF, AN)
A blend of Italian cannelloni beans and vegetables with garlic, thyme, basil, and white pepper.

CLASSIC MINISTRONE..18102.....(D)
A delicious Italian soup loaded with fresh vegetables, pancetta, white kidney beans, and pasta.

CHILLERS

Chilled soups for warm weather, perfect for the spring and summer months.

***~NEW~CHILLED SUMMER CORN..18272.....(VN, V, L, D)**
A deliciously sweet and creamy soup with freshly shucked sweet corn cut right off the cob is the star, without a drop of dairy.

***TRADITIONAL GAZPACHO..18148.....(VN, V, D, GF)**
Traditional version of the classic Spanish soup, puréed until smooth with a slightly spicy finish.



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MACS, BAKES & HEARTY MEALS

Inspired by our favorite comfort dishes, serve these satisfying, thick recipes as a meal on their own or as a hearty accompaniment.

***PENNE VODKA..18117.....(V)**

Our soup version of a favorite Italian recipe - with tender pasta and our homemade tomato, cream and vodka sauce.

***VEGETABLE JAMBALAYA..18178.....(VN, V, L, D, GF, AN)**

Vegetarian version of our Jambalaya, this one is loaded with rice, fresh vegetables and classic Cajun seasonings.

***BUFFALO CHICKEN MAC & CHEESE..18402.....**

Buffalo wings and mac & cheese! It is loaded with diced grilled chicken, pepper jack cheese, elbow macaroni, and hot sauce.

***BROKEN LASAGNA..18306.....**

Extremely satisfying, made with ground beef, ricotta and parmesan cheese, mafalda pasta, basil, and olive oil.

***HOMESTYLE MAC & CHEESE..18139.....(V)**

Our creamiest mac and cheese, made with aged Vermont cheddar and elbow macaroni.

CHICKEN & SAUSAGE JAMBALAYA..18222.....(D, GF)

A New Orleans dish, made with chicken, Andouille sausage, Tabasco sauce, and Cajun seasonings.

SEASONAL

Drawing inspiration from fresh ingredients unique to each season.

***SWEET CHERRY TOMATO..18189.....(VN, V, L, D, GF, AN)**

We take sweet Italian cherry tomatoes and simmer them with only the barest of ingredients to let the flavor shine through.

***SUMMER VEGETABLE..18164.....(VN, V, L, D, GF, AN)**

Light and full flavored vegetable soup made with the best summer has to offer.

***LEMON CHICKEN SPINACH & ORZO..18303.....(L, D, AN)**

A delicate combination of lemon, chicken, spinach and orzo makes this a light, Mediterranean-inspired soup.

CHUNKY SOUPS & STEWS

Each spoonful packed with wholesome, thick, chunky ingredients.

~NEW~*POTATO SWEET ITALIAN SAUSAGE..18244.....(GF, AN)

A simple and delicious soup, brimming with fresh, hand chopped Idaho potatoes and Esposito's Finest Quality Sweet Italian Sausage.

***CHICKEN CORN BISQUE..182419.....(GF, AN)**

Using tons of fresh corn right off the cob, this creamy bisque is velvety and loaded with chicken.

***CREAM OF CHICKEN WITH RICE..18145.....(GF, AN)**

This is a creamy soup loaded with chunks of chicken, rice, peas, and fresh chives.

***OLD FASHION CHICKEN & DUMPLINGS..18269.....**

Our version of this classic pairing of chicken and dumplings.

***CHICKEN AND RICE..18218.....(D, GF, AN)**

Our famous chicken stock loaded with Savoy cabbage, chicken, parsnips, turnips, rice, and parsley.

***CHUNKY POTATO LEEK..18126.....(GF, AN)**

Thick and creamy soup made with loads of diced potatoes, fresh leeks, and parsley.

CHICKEN POT PIE..18229.....(GF, AN)

A soup version of this classic American dish; loaded with carrots, potatoes, green peas, chicken, and herbs.

WILD MUSHROOM BARLEY..18116.....(VN, V, L, D, AN)

A mix of crimini, shiitake, and Portobello mushrooms blended together with barley, green peas, and fresh dill.

EXOTIC

Packed with exciting and distinct flavors from around the world.

~NEW~*COCONUT CHICKEN..18206.....(D, GF)

This is a beautiful red curry chicken soup made with coconut, fresh corn, chili peppers, sweet potatoes, and fresh ginger.

***7 HERB BISTRO CHICKEN..18237.....(GF)**

Our version of a French bistro classic with seasoned chicken, mushrooms and herbs in a flavorful white wine and tomato broth.

***CHICKEN FIESTA..18274.....(D, GF)**

Jalapeño, chipotle, and green and yellow peppers simmered together in a spicy chicken stock with corn and lemon juice.

***ROASTED RED PEPPER WITH SMOKED GOUDA..18302....(V, GF)**

Roasted red peppers and tomatoes blended with freshly grated smoked gouda and a hint of cream.



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***SENEGALESE CHICKEN WITH PEANUTS..18241.....(D, GF)**

Spicy and complex African-style tomato soup loaded with chicken, peanuts and spices.

CURRIED CHICKEN CHOWDER..18227.....(GF, AN)

This creamy Indian-style chowder is loaded with potatoes, chicken, vegetables, and spices.

MULLIGATAWNY..18141.....(GF)

Made with coconut milk and curry powder, this classic Indian soup is loaded with red lentils, ginger, and saffron.

PORTUGUESE KALE SOUP..18217.....(D, GF)

A combination of cannellini and red kidney beans simmered with pork sausage, tomatoes, kale, and crushed red pepper.

REDUCED SODIUM

Reduced sodium version of our Hale and Hearty classics.

***REDUCED SODIUM TEN VEGETABLE..18184..(VN, V, L, D, GF, AN)**

Sodium: 463 Mgs (Original Version: 720 Mgs).

***REDUCED SODIUM HOMESTYLE CHICKEN NOODLE..18203.....(L, D)**

Sodium: 479 Mgs (Original Version: 790 Mgs).

LIGHTER

Full flavored, yet light and brothy at or below 150 calories in an 8oz serving.

***SPICY CHICKPEA & LEMON..18219.....(VN, V, L, D, AN)**

We pair chickpeas, tomatoes and orzo in this zesty vegetable soup, along with a touch of lemon to give this brothy soup a bright flavor.

***VEGETARIAN RED LENTIL..18304.....(VN, V, L, D, GF, AN)**

We mix red lentils with fresh vegetables to make a surprisingly robust soup that is healthy and most importantly delicious.

***SPICED LENTIL WITH SPINACH..18160.....(VN, V, L, D, GF, AN)**

Moroccan spices and fresh spinach come together to create this highly flavored and complex lentil soup.

CHICKEN VEGETABLE..18280.....(L, D, GF, AN)

Vegetables and chicken simmered in scratch-made chicken broth with dill.

GINGER CARROT ARTICHOKE..18103.....(VN, V, L, D, GF, AN)

A light puree of fresh ginger and carrots with tender pieces of artichoke. This soup can be served hot or chilled.

PASTA E. FAGIOLI..18108.....(VN, V, L, D)

A classic Italian soup of ripe tomatoes simmered with red kidney beans, pasta, and Italian herbs.

TEN VEGETABLE..18103.....(VN, V, L, D, GF, AN)

This hearty, tomato based soup is loaded with fresh vegetables and herbs, and seasoned with garlic and basil.

TOMATO BASIL W/ RICE..18113.....(VN, V, L, D, GF, AN)

A robust tomato broth, brimming with rice and fresh basil.

TOMATO KALE..18205.....(VN, V, L, D, GF, AN)

A light tomato broth chock-full of Tuscan kale and sweet basil with garlic and olive oil.

VEGETABLE NOODLE..18117.....(L, D)

Our very own Soup Starter made with chicken stock, noodles, and fresh vegetables that can be served alone or with an added protein for more flavor.

CHILI

Our take on the traditional chili, with delicious seasonings and spices.

***CHICKEN & BLACK BEAN CHILI..18246.....(L, D, GF)**

Intensely flavorful and slightly spicy chili made from black beans, chicken and lots of wonderful spices.

HOMESTYLE TURKEY CHILI..18283.....(D, GF)

A hearty full-flavored chili, loaded with ground turkey and spiced with poblano, chipotle, and mixed peppers.

***TEXAS BEEF CHILI..18230.....(D)**

Tender ground beef enveloped in a deep, chili flavored sauce sweetened with a touch of dark beer.

THREE LENTIL CHILI..18111.....(VN, V, L, D, GF)

A rich blend of red, green, and yellow lentils with dark brown sugar, spices, peppers, and simmered vegetables.

***TURKEY CHILI..18191.....(D, GF, AN)**

Lean ground turkey, pinto beans, and spices make up this meaty and satisfying version of a classic dish.



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CHOWDER

Our chunky, flavorful chowders, including original recipes of this classic comfort food.

BAJA SHRIMP CHOWDER..18221.....(L, D, GF)

Tex-Mex inspired soup made with shrimp, corn, hominy, tomatoes and a plentiful of Mexican seasonings.

H&H NEW ENGLAND CLAM CHOWDER..18385....(GF, contains pancetta)

The flavorful combination of clams, pancetta, and potatoes with the special H&H touch of parsley and scallions.

TRADITIONAL NEW ENGLAND CLAM CHOWDER..18266..(contains

bacon) Thick and creamy, loaded with clams, bacon, and potatoes.

MANHATTAN CLAM CHOWDER..18106.....(GF, contains pancetta)

Tomato based chowder brimming with clams, pancetta, potatoes, and a dash of Tobasco sauce for a hint of heat.

SWEET CORN CHOWDER..18109.....(GF)

Potatoes, sweet corn, and nitrate free bacon simmered in a creamy broth with a hint of white and cayenne pepper.