



Gluten Free

Convenience Items tested to be
gluten free



Rogue Creamery Artisan Cheese

Caveman Blue #6064

A rich, complex blue that is deliciously sweet and fruity with slight vanilla tones and nuances of bacon and grass. A rugged natural rind with a deep buttery texture.

Crème Fraîche #6050

French-style cultured cheese. Exquisitely rich, with a cultured, nutty flavor and creamy texture.

Oregonzola Blue #6209

Cave aged a minimum of 6 months, this award winning cheese is smooth with clearly defined blue veins. Flavors of tangy fruit, sweet cream and brothy mushroom.

Smokey Blue #6208

Smoked over Oregon Hazelnut shells, a sweet, smoky flavor with nutty tones is balanced by the sharp blue with a honey-like finish.

Touville #6107

Semi-hard cow's milk cheese with flavors of sweet cream milk chocolate, roasted nuts and vanilla. A buttery finish with a hint of chicory flavor.

White Extra Sharp Cheddar #6221

A bold aged cheddar made with certified sustainable cow's milk.

Hale & Hearty Fresh Soups

Sweet Corn Chowder #18109

Creamy and flavorful chowder loaded with fresh corn right off the cob and freshly diced Idaho potatoes.

Ten Vegetable Soup #18110 *All Natural*

A thick, hearty tomato based vegetable soup loaded with fresh vegetables and herbs.

*** These soups are in stock. Ask your salesperson about our enormous variety of Gluten Free soups that can be special ordered.

Froehlich's Sausage

Andouille #2734 7oz smoked link

Chicken & Apple *All Natural*

#2730 1oz raw link, #2709 2oz raw link,

#2700 4oz smoked link

Chicken with Broccoli Rabe #2701 4oz raw link *All Natural*

Chicken Italian #2697 4oz raw link *All Natural*

Chicken & Sundried Tomato #2704 4oz smoked link *All Natural*

Chorizo #2729 4oz smoked link

Kielbasa #2735 Smoked rope

Lamb with Rosemary #2710 4oz raw link *All Natural*

Greek Lamb #2712 6oz raw link *All Natural*

Mild Italian #2739 Bulk Raw

Olli Salumeria Artisan Italian Salami

Genoa Salami #11377 *All Natural*

A mild salami made with salt and white pepper.

Calabrese Salami #11463 *All Natural*

A spicy salami made with cayenne & paprika.

Sopressata Salami #11464 *All Natural*

Pork salami with whole black peppercorns and garlic.

Toscana Salami #11470 *All Natural*

Traditional pork salami with fennel pollen.

Norcino Salami Chubs #11651 *All Natural* Individually Wrapped

Pork Salami made with salt and white pepper.

Freirich Provisions



All items are *Certified Angus Beef* Brand®

Corned Beef Brisket 1st Cut #11405

Cooked

Corned Beef Brisket #11084

Raw with spice packet

Pastrami #11091

Cooked & rubbed with spices

Pot Roast #11086

Fully cooked

Roast Beef #3255

Rubbed with salt & pepper and cooked medium rare

Golden Legacy

Turkey Breast Oven-Browned *All Natural*

Bonewerks Culinarte Sous Vide Entrées

Braised Angus Beef Pot Roast #11745

Hand-seasoned. Oven-seared. Paired with Demi Glace de Veaut Classic and braised in the pouch.

Braised Boneless Beef Short Ribs

20/10-12oz #11283 Banquet Pack #11311

Hand-seasoned. Oven-seared. Infused with classic veal demi glace & slow braised for hours.

Braised Lamb Shanks #11269

Fully Cooked Deluxe heel on hind shank. Hand-seasoned.

Braised Classic Pork Shank #11270

All-Natural pork hindshank Hand-Seasoned. Oven-seared. Infused with Demi Glace de Pork Classic. Slow-braised.

Bonewerks Culinarte Stock Reductions

Chicken Premium Glace #11743

Chicken Classic Demi Glace #11267

Lobster Premium Glace #11738

Pork Classic Demi Glace #1172

Veal Elite Demi Glace #11268

Veal Classic Demi Glace #11266

Veal Premium Glace #11740



Sauces

Sriracha Red Chili #20821 *Huy Fong*
Asian chili sauce with a hint of garlic.

Sukhi's

Cilantro Chutney #11473 *All Natural • Vegan*

A zesty blend of cilantro, lemon & garlic.

Curry Paste #7293 *All Natural • Vegan*

A Base Of Tomatoes, Onion, Ginger, Garlic & Exotic Spices.

Korma Paste #7292 *All Natural • Vegan*

A Blend Of Exotic Spices, Onions And Cashews. Add Heavy Cream And Water.

Madras Curry Paste #7291 *All Natural • Vegan*

A Sweet & Tangy Base Of Curry Leaves Chilies & Mustard Seeds.

Mango Chutney #11474 *All Natural • Vegan*

Mildly sweet & spicy. Great compliment to cheese.

Masala Madras #10651 *All Natural • Vegan*

A colorful and warm one step spice blend. Infuse with oil and sautéed with onion and vegetables.

Pulao Mix #10650 *All Natural • Vegan*

An aromatic blend of Indian spices for rice- Cardamon, Cinnamon, Clove, Cumin & bay leaf. Infuse in oil and add to rice before cooking.

Tomato Chutney #11471 *All Natural • Vegan*

Sweet & Spicy tomato blend with raisins & wild onion seeds.

Vindaloo Paste #7290 *All Natural • Vegan*

A Spicy Blend That Includes Cinnamon, Coriander & Cayenne.

Metropolitan Brand

Alfredo Sauce #11513 *Local • All Natural*

Fresh whole cream, blended with Parmesan and Romano cheeses with a touch of freshly grated nutmeg and cracked black pepper.

Basil Pesto #11514 *Local • All Natural*

Fresh basil leaves, olive oil, imported cheeses, and pine nuts.

Eggplant & Tomato Sauce #11963 *Local • All Natural*

Roasted eggplant, imported tomatoes, sweet fresh onions, and caramelized garlic

Marinara Sauce #11938 *Local • All Natural*

Imported tomatoes, olive oil, and fresh basil.

Pomodoro #11518 *Local • All Natural*

Sautéed fresh onions simmered with imported Italian tomatoes. Finished with fresh basil leaf, extra virgin olive oil and seasonings.

Sundried Tomato Pesto #11516 *Local • All Natural*

Sundried tomato, olive oil, parmesan and garlic. Intensely flavorful. Perfect for dipping, spreading, or tossed with pasta.

Schlotterbeck & Foss

Caribbean Mango #10296 *All Natural*

Harissa Pepper #10351 *All Natural*

Honey Buffalo #10313 *All Natural*

Mango Coconut Habanero #10355 *All Natural*

Meyer Lemon #10349 *All Natural*

Raspberry Chipotle #10301 *All Natural*

Texas BBQ #10305 *All Natural*

Metropolitan Brand

Pasta

Fettuccine #11502 *Local • All Natural*

Sweet Potato, Quinoa & Kale Ravioli #11713 *Local • All Natural*

A healthy blend of tricolor quinoa, fresh kale, sweet potatoes and fresh mozzarella in a medium square egg dough; 28ct per pound.

Bell & Evans

Breaded Chicken

Chicken Nuggets #1139 *All Natural*

Raw whole breast chicken pieces lightly breaded with rice flour. Unbelievably moist and tender.

Chicken Tenders #1138 *All Natural*

Raw chicken tenders lightly breaded with rice flour.

Beef / Chicken Alternatives

Beef Free Crumbles #11245 *Beyond Meat • Vegan*

Thaw & Serve Ground Beef Substitute. Made With Yellow Pea Protein

Chicken Free Strips #11219 *Beyond Meat • Vegan*

Meat free, GMO free, gluten free, dairy free, antibiotic & hormone free.

Bread Products

Blueberry Muffin #11584 *Udi's*

Individually Wrapped. Dairy, soy & nut free. Sprinkled with sugar.

Dinner Roll #11590 *Udi's*

Individually Wrapped. Whole Grain Roll Loaded With Healthy Chia, Sunflower And Flax Seeds.

Flat Bread #11600 *Venice Bakery*

Oval Shaped. Great For Pizza Or Bread.

Tortilla #11594 *Udi's*

8" plain. Dairy, Soy & Nut Free.

White Bread #11585 *Udi's*

Sliced. Light and fluffy sandwich bread.

Michael's Brand

Cookie Dough

Chunky Chocolate 1.3oz #20983 *All Natural*

Coconut Macaroon 1oz #11802 *All Natural*

Snickerdoodle 2oz #20936 *All Natural*

Dessert

Mignardise Assorted Macaroons #20978 *All Natural*

Small round almond meringue cookies filled with a smooth natural flavored cream. Six assorted flavors.

Dianne's

Fudge Lava Divine #11334

Individual rich chocolate dessert