



MONTHLY MENU

MARCH FOODSERVICE

H&H CLASSICS

Beloved, traditional recipes made with Hale and Hearty quality and expertise.

~NEW~ *FRENCH ONION..18213.....(D, GF)
Slow simmered veal stock and sherry wine make up this classic recipe. Add your own baguette and cheese for the full effect.

*BROCCOLI CHEDDAR..18125.....(GF, AN)
The perfect blend of fresh broccoli and aged cheddar cheese.

*SPLIT PEA WITH DOUBLE SMOKED BACON..18104.....(D, GF, AN)
A thick, pureed classic blend of green and yellow split peas with nitrate free double smoked bacon in chicken stock.

*LOBSTER BISQUE..18214.....(GF)
Maine lobsters simmered in lobster stock with onions, potatoes, garlic, Spanish paprika, and sweetened with a touch of Sherry.

*CREAM OF WILD MUSHROOM..18296.....(GF, AN)
A rich and satisfying soup of Portabella, Cremini, and Shiitake mushrooms with fresh cream and pepper.

*TOMATO BISQUE..18263.....(GF, AN)
A sweet blend of tomatoes, basil, and cream spiced with paprika and white pepper. Perfect to pair with grilled cheese.

BEEF BARLEY..18226.....(AN)
This full-bodied soup is made with beef, barley, fresh veggies and herbs simmered in a rich brown broth.

CLASSIC CHICKEN NOODLE..18204.....(L, D)
A simple soup, made to make you feel right at home.

HOMESTYLE CHICKEN NOODLE..18200.....(L, D)
A classic favorite, made with chicken, carrots, potatoes, and noodles cooked in our famous chicken stock.

CLASSIC LENTIL..18127.....(VN, V, L, D, GF)
Fresh vegetables and Spanish lentils simmered together in a vegetarian broth flavored with cumin and parsley.

CLASSIC MINESTRONE..18102.....(D)
A delicious Italian soup loaded with fresh vegetables, pancetta, white kidney beans, and pasta.

CREAM OF BROCCOLI..18129.....(GF, AN)
A creamy blend of broccoli simmered with potatoes, garlic, and cream.

CREAM OF TOMATO W/ CHICKEN & ORZO..18224.....(AN)
Sweet and creamy, this tomato soup is loaded with chicken, orzo, basil, and a hint of paprika and cayenne peppers.

TOMATO CHEDDAR..18112.....(GF, AN)
A sweet blend of tomato puree and aged Vermont Cheddar.

TRADITIONAL ITALIAN WEDDING..18231.....
A wedding of meatballs, orzo, and fresh vegetables.

VEGETARIAN SPLIT PEA..18115.....(VN, V, L, D, GF, AN)
A low fat, vegetarian version of our famous split pea soup.

TUSCAN WHITE BEAN W/ SPINACH..18114....(VN, V, L, D, GF, AN)
A blend of Italian cannelloni beans and vegetables with garlic, thyme, basil, and white pepper.

MACS, BAKES & HEARTY MEALS

Inspired by our favorite comfort dishes, serve these satisfying, thick recipes as a meal on their own or as a hearty accompaniment.

~NEW~ *CREAMY CHICKEN & WILD MUSHROOM ALFREDO..18261
Our twist on a classic Italian pasta dish with tender chicken, cremini mushrooms, parmesan cheese and egg noodles.

*CREAMY TOMATO PASTA & MEATBALLS..18131.....
This creamy tomato soup with round pasta O's and mini meatballs will take you back to your childhood.

*BROKEN LASAGNA..18306.....
Extremely satisfying, made with ground beef, ricotta and parmesan cheese, mafalda pasta, basil, and olive oil.

*HOMESTYLE MAC & CHEESE..18139.....(V)
Our creamiest mac and cheese, made with aged Vermont cheddar and elbow macaroni.

CHICKEN & SAUSAGE JAMBALAYA..18222.....(D, GF)
A New Orleans dish, made with chicken, Andouille sausage, Tabasco sauce, and Cajun seasonings.



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SEASONAL

Drawing inspiration from fresh ingredients unique to each season.

~NEW~ *CORNED BEEF & CABBAGE..18239.....
This traditional mixture of tender Corned Beef, crisp cabbage, and hand cut vegetables is a perfect compliment to St. Patty's day!

*SWEET POTATO BISQUE..18165.....(V, GF, AN)
A blend of cloves, nutmeg and a pinch of ginger come together with a puree of sweet potatoes to create this creamy winter soup.

*YUKON GOLD POTATO WITH 4 CHEESES..18209.....(V, GF, AN)
A smooth soup blended with buttery Yukon Gold potatoes, Gruyere, Monterey Jack, extra sharp white & sharp yellow cheddar cheeses.

*HEARTY WINTER CHICKEN..18260.....(GF)
This is a hearty chicken soup slowly simmered with luscious pearl onions and tender mushrooms.

*WINTER VEGETABLE WITH DUMPLINGS..18285.....(V, L)
This soup is made by simmering sweet winter root vegetables with a touch of tomato and hearty potato dumplings.

*ROASTED RED PEPPER SMOKED GOUDA..18302.....(V, GF)
Roasted red peppers and tomatoes blended with freshly grated smoked gouda and a hint of cream.

CHUNKY SOUPS & STEWS

Each spoonful packed with wholesome, thick, chunky ingredients.

~NEW~ *BLACK LENTIL WITH DOUBLE SMOKED BACON..18247.
(D, GF) This is a thick and flavorful soup made with exotic black lentils, red onions and loaded with nitrate-free double-smoked bacon.

~NEW~ *SMOKY PEPPER SHRIMP & ORZO..18252.....(L, D)
Loaded with shrimp, orzo pasta, and Southwestern flavor combinations of ancho chiles, red curry, and cilantro.

*CHICKEN & MEATBALL..18292.....
Simmered slowly in the old world tradition, this comforting chicken soup features meatballs, pasta and fresh vegetables.

*CLASSIC BEEF STEW..18270.....(GF, AN)
Our version of a classic, hearty, American stew loaded with pieces of hearty vegetables and beef.

*CHICKEN AND RICE..18218.....(D, GF, AN)
Our famous chicken stock loaded with Savoy cabbage, chicken, parsnips, turnips, rice, and parsley.

*CHUNKY POTATO LEEK..18126.....(GF, AN)
Thick and creamy soup made with loads of diced potatoes, fresh leeks, and parsley.

CHICKEN POT PIE..18229.....(GF, AN)
A soup version of this classic American dish; loaded with carrots, potatoes, green peas, chicken, and herbs.

WILD MUSHROOM BARLEY..18116.....(VN, V, L, D, AN)
A mix of crimini, shiitake, and Portobello mushrooms blended together with barley, green peas, and fresh dill.

EXOTIC

Packed with exciting and distinct flavors from around the world.

~NEW~*WILD MUSHROOM WITH GINGER & LEMONGRASS..18255(VN, V, D, GF, AN) An aromatic tomato and lemongrass broth with portobello, cremini, shiitake, enoki and oyster mushrooms.

*CHICKEN & SWEET ITALIAN SAUSAGE..18279.....(GF)
Our soup version of Chicken Scarpariello is loaded with white meat chicken, sweet Italian sausage and traditional Italian flavors.

*YUCATAN CHICKEN LIME & ORZO..18234.....(AN)
Light Mexican chicken soup made with tomatillos, white meat chicken, poblano peppers and a touch of fresh lime.

*SENEGALESE CHICKEN WITH PEANUTS..18241.....(D, GF)
Spicy and complex African-style tomato soup loaded with white meat chicken, peanuts and spices.

CURRIED CHICKEN CHOWDER..18227.....(GF, AN)
This creamy Indian-style chowder is loaded with potatoes, chicken, vegetables, and spices.

MULLIGATAWNY..18141.....(GF)
Made with coconut milk and curry powder, this classic Indian soup is loaded with red lentils, ginger, and saffron.

PORTUGUESE KALE SOUP..18217.....(D, GF)
A combination of cannellini and red kidney beans simmered with pork sausage, tomatoes, kale, and crushed red pepper.



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REDUCED SODIUM

Reduced sodium version of our Hale and Hearty classics.

***REDUCED SODIUM TEN VEGETABLE..18184.....(VN, V, L, D, GF, AN)**
Sodium: 463 Mgs (Original Version: 720 Mgs).

***REDUCED SODIUM HOMESTYLE CHICKEN NOODLE..18203.....(L, D)**
Sodium: 479 Mgs (Original Version: 790 Mgs).

LIGHTER

Full flavored, yet light and brothy at or below 150 calories in an 8oz serving.

~NEW~*WILD MUSHROOM FAGIOLI..18256.....(VN, V, L, D, GF, AN)
A hearty, traditional vegetarian soup loaded with fresh vegetables, mushrooms and beans.

***SPICED LENTIL WITH SPINACH..18160.....(VN, V, L, D, GF, AN)**
Moroccan spices and fresh spinach come together to create this highly flavorful and complex lentil soup.

***CHICKPEA KALE & WILD RICE..18297.....(VN, V, L, D, GF, AN)**
Chickpeas, kale and wild rice are combined with tomatoes, garlic and onions for a simple and delectable soup.

***TOMATO EGGPLANT..18169.....(VN, V, L, D, GF, AN)**
Flavorful tomato broth based soup with fresh eggplant and seasonings create this unique vegetable soup.

***LEMON CHICKEN, SPINACH & ORZO..18303.....(L, D, AN)**
A light, bright Mediterranean-inspired soup seasoned with herbs, garlic, and pepper.

CHICKEN VEGETABLE..18280.....(L, D, GF, AN)
Vegetables and chicken simmered in scratch-made chicken broth with dill.

GINGER CARROT ARTICHOKE..18103.....(VN, V, L, D, GF, AN)
A light puree of fresh ginger and carrots with tender pieces of artichoke. This soup can be served hot or chilled.

PASTA E. FAGIOLI..18108.....(VN, V, L, D)
A classic Italian soup of ripe tomatoes simmered with red kidney beans, pasta, and Italian herbs.

SPICY CHICKPEAS & LEMON..18219.....(VN, V, L, D, AN)
A spicy vegetarian soup of chickpeas and tomatoes, seasoned with garlic, crushed red pepper, and a touch of lemon.

TEN VEGETABLE..18110.....(VN, V, L, D, GF, AN)
This hearty, tomato based soup is loaded with fresh vegetables and herbs, and seasoned with garlic and basil.

TOMATO BASIL W/ RICE..18113.....(VN, V, L, D, GF, AN)
A robust tomato broth, brimming with rice and fresh basil.

TOMATO KALE..18205.....(VN, V, L, D, GF, AN)
A light tomato broth chock-full of Tuscan kale and sweet basil with garlic and olive oil.

VEGETABLE NOODLE..18117.....(L, D)
Our very own Soup Starter made with chicken stock, noodles, and fresh vegetables that can be served alone or with an added protein for more flavor.

CHILI

Our take on the traditional chili, with delicious seasonings and spices.

~NEW~ *SPICY GREEN CHICKPEA CHILI..18192.....(VN, V, L, D, GF, AN)
Young, nutritious green chickpeas are simmered with smoky poblano peppers and bright tomatillos giving this soup a spicy kick.

***FIRE ROASTED TOMATO CHILI..18275.....(VN, V, L, D, GF)**
Beautiful plum tomatoes are roasted & combined with black beans and sweet mixed peppers for a one of a kind chili.

***THREE BEAN CHILI..18248.....(VN, V, L, D, GF)**
Made with black, red, and white beans, four different peppers, fresh chilies and a touch of old fashioned molasses.

HOMESTYLE TURKEY CHILI..18283.....(D, GF)
A hearty full-flavored chili, loaded with ground turkey and spiced with poblano, chipotle, and mixed peppers.

***TEXAS BEEF CHILI..18230.....(D)**
Tender ground beef enveloped in a deep, chili flavored sauce sweetened with a touch of dark beer.

THREE LENTIL CHILI..18111.....(VN, V, L, D, GF)
A rich blend of red, green, and yellow lentils with dark brown sugar, spices, peppers, and simmered vegetables.



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CHOWDER

Our chunky, flavorful chowders, including original recipes of this classic comfort food.

***SWEET CRAB CHOWDER..18181.....(GF)**

Our version of a Maryland favorite. Rich with sweet crab meat, Marsala wine and mushrooms.

***SOUTHWEST SHRIMP & CORN CHOWDER..18158.....(GF, AN)**

With sweet corn right off the cob, diced potatoes, fresh shrimp, peppers, and southwestern seasonings.

H&H NEW ENGLAND CLAM CHOWDER..18107....(GF, contains pancetta)

The flavorful combination of clams, pancetta, and potatoes with the special H&H touch of parsley and scallions.

TRADITIONAL NEW ENGLAND CLAM CHOWDER...(contains bacon)

Thick and creamy, loaded with clams, bacon, and potatoes.

MANHATTAN CLAM CHOWDER..18106.....(GF)

Tomato based chowder brimming with clams, pancetta, potatoes, and a dash of Tobasco sauce for a hint of heat.

SWEET CORN CHOWDER..18109.....(GF)

Potatoes, sweet corn, and nitrate free bacon simmered in a creamy broth with a hint of white and cayenne pepper.