



MONTHLY MENU

OCTOBER FOODSERVICE

MACS, BAKES & HEARTY MEALS

Inspired by our favorite comfort dishes, serve these satisfying, thick recipes as a meal on their own or as a hearty accompaniment.

***NEW!*KNIFE & FORK SLOPPY JOE..18282.....(D)**
Manwich, slush burger, yum yums, spoonburgers; a Sloppy Joe goes by many names. Our “grown up” version of this American classic is loaded with ground beef, tomatoes, and Chef Bruce’s special blend of seasonings. Makes a delicious meal as is, but can also be finished on a roll!

***ROMAN TOMATO SAUSAGE & PEPPERS..18284.....(GF)**
All the flavors you would expect from this popular Italian-American dish in a cup! Brimming with large pieces of Esposito’s sweet Italian sausage, bell peppers, onions, tomatoes and sweet basil.

***BUFFALO CHICKEN MAC & CHEESE..18402.....**
Buffalo wings and mac & cheese! It is loaded with diced grilled chicken, pepper jack cheese, elbow macaroni, and hot sauce.

***BROKEN LASAGNA..18306.....**
Extremely satisfying, made with ground beef, ricotta and parmesan cheese, mafalda pasta, basil, and olive oil.

***HOMESTYLE MAC & CHEESE..18139.....(V)**
Our creamiest mac and cheese, made with New York’s finest Vermont cheddar and elbow macaroni.

CHICKEN & SAUSAGE JAMBALAYA..18222.....(D, GF)
A New Orleans dish, made with chicken, Andouille sausage, Tabasco sauce, and Cajun seasonings.

***CHILI MAC & CHEESE..18307.....**
A combination of two classic dishes, loaded with ground beef, macaroni, aged cheddar, red kidney beans, and dark beer, spiced with ancho chilies, paprika, and chipotle peppers.

EXOTIC

Packed with exciting and distinct flavors from around the world.

***NEW!*SANCOCHO..18277.....(AN)**

Our take on this traditional Latin American stew is loaded with chicken, pork loin, beef, chorizo, yuca, plantains, and fresh vegetables.

***SENEGALESE CHICKEN WITH PEANUTS..18241.....(D, GF)**

Spicy and complex African-style tomato soup loaded with chicken, peanuts and spices.

***GRILLED CHICKEN QUESADILLA..18308.....(AN)**

Simmered chunks of grilled chicken with Monterey Jack cheese, mushrooms, onions, and bell peppers.

CURRIED CHICKEN CHOWDER..18227.....(GF, AN)

This creamy Indian-style chowder is loaded with potatoes, chicken, vegetables, and spices.

MULLIGATAWNY..18141.....(GF)

Made with coconut milk and curry powder, this classic Indian soup is loaded with red lentils, ginger, and saffron.

PORTUGUESE KALE SOUP..18217.....(D, GF)

A combination of cannellini and red kidney beans simmered with pork sausage, tomatoes, kale, and crushed red pepper.

H&H CLASSICS

Beloved, traditional recipes made with Hale and Hearty quality and expertise.

***CREAM OF WILD MUSHROOM..18296.....(GF, AN)**

A rich and satisfying soup of Portabella, Cremini, and Shiitake mushrooms with fresh cream and pepper.



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***BROCCOLI CHEDDAR..18125.....(GF, AN)**
The perfect blend of fresh broccoli and aged cheddar cheese.

***FRENCH ONION..18213.....(D, GF)**
Slow simmered veal stock and sherry wine make up this classic recipe. Add your own baguette and cheese for the full effect.

***SPLIT PEA WITH DOUBLE SMOKED BACON..18104.....(D, GF, AN)**
A thick, pureed classic blend of green and yellow split peas with nitrate free double smoked bacon in chicken stock.

***LOBSTER BISQUE..18214.....(GF)**
Maine lobsters simmered in lobster stock with onions, potatoes, garlic, Spanish paprika, and sweetened with a touch of Sherry.

***TOMATO BISQUE..18263.....(GF, AN)**
A sweet blend of tomatoes, basil, and cream spiced with paprika and white pepper. Perfect to pair with grilled cheese.

BEEF BARLEY..18226.....(AN)
This full-bodied soup is made with beef, barley, fresh veggies and herbs simmered in a rich brown broth.

CLASSIC CHICKEN NOODLE..18204.....(L, D)
A simple soup, made to make you feel right at home.

HOMESTYLE CHICKEN NOODLE..18200.....(L, D)
A classic favorite, made with chicken, carrots, potatoes, and noodles cooked in our famous chicken stock.

CLASSIC LENTIL..18127.....(VN, V, L, D, GF)
Fresh vegetables and Spanish lentils simmered together in a vegetarian broth flavored with cumin and parsley.

CREAM OF BROCCOLI..18129.....(GF, AN)
A creamy blend of broccoli simmered with potatoes, garlic, and cream.

CREAM OF TOMATO W/ CHICKEN & ORZO..18224.....(AN)
Sweet and creamy, this tomato soup is loaded with chicken, orzo, basil, and a hint of paprika and cayenne peppers.

TOMATO CHEDDAR..18112.....(GF, AN)
A sweet blend of tomato puree and aged Vermont Cheddar.

TRADITIONAL ITALIAN WEDDING..18231.....
A wedding of meatballs, orzo, and fresh vegetables.

VEGETARIAN SPLIT PEA..18115.....(VN, V, L, D, GF, AN)
A low fat, vegetarian version of our famous split pea soup.

TUSCAN WHITE BEAN W/ SPINACH..18114...(VN, V, L, D, GF, AN)
A blend of Italian cannellini beans and vegetables with garlic, thyme, basil, and white pepper.

CLASSIC MINISTRONE..18102.....(D)
A delicious Italian soup loaded with fresh vegetables, pancetta, white kidney beans, and pasta.

SEASONAL

Drawing inspiration from fresh ingredients unique to each season.

***ROASTED RED PEPPER WITH SMOKED GOUDA..18302..(V, GF)**
Roasted red peppers and tomatoes blended with freshly grated smoked gouda and a hint of cream.

***FALL HARVEST VEGETABLE..18137.....(VN, V, L, D, GF, AN)**
Light and full flavored vegetable soup made with the best ingredients late autumn has to offer.

***AUTUMN PUMPKIN BISQUE..18150.....(V, GF, AN)**
This velvety smooth pumpkin soup has hints of Tahitian vanilla bean and cinnamon. Slowly simmered and combined with heavy cream, it is pumpkin pie come to life.

***FALL APPLE CHEDDAR..18258.....(V, GF, AN)**
Creamy blend of parsnips, apples, Yukon gold potatoes and New York's finest cheddar cheese.

***ROASTED BUTTERNUT SQUASH..18174.....(V, GF, AN)**
A smooth, sweet puree of butternut squash with apple juice, maple syrup, butter, and cinnamon.



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CHUNKY SOUPS & STEWS

Each spoonful packed with wholesome, thick, chunky ingredients.

***NEW!* SHRIMP SCAMPI..18245.....(D, GF)**

Our soup version of this classic Italian dish features tender shrimp, rice, garlic, celery, peas, onions, and oregano all simmered in our signature CHICKEN STOCK. BUON APPETITO!

***SWEET POTATO CHORIZO BISQUE..18142.....(GF)**

Savory, smoky and slightly sweet, simmered with fresh chorizo and a pinch of cinnamon.

***CHICKEN & MEATBALL..18292.....**

Simmered long and slow in the old world tradition, this comforting chicken soup is enriched with meatballs, pasta and fresh vegetables.

***WILD MUSHROOM FAGIOLI..18256.....(VN, V, L, D, AN, GF)**

A hearty vegetarian soup loaded with fresh vegetables, mushrooms and beans.

***CHICKEN BARLEY..18236.....(L, AN)**

Thick and comforting barley soup loaded with chicken, vegetables and fresh herbs.

***CHICKEN AND RICE..18218.....(D, GF, AN)**

Our famous chicken stock loaded with Savoy cabbage, chicken, parsnips, turnips, rice, and parsley.

***CHUNKY POTATO LEEK..18126.....(GF, AN)**

Thick and creamy soup made with loads of diced potatoes, fresh leeks, and parsley.

CHICKEN POT PIE..18229.....(GF, AN)

A soup version of this classic American dish; loaded with carrots, potatoes, green peas, chicken, and herbs.

WILD MUSHROOM BARLEY..18116.....(VN, V, L, D, AN)

A mix of crimini, shiitake, and Portobello mushrooms blended together with barley, green peas, and fresh dill.

REDUCED SODIUM

Reduced sodium version of our Hale and Hearty classics.

***REDUCED SODIUM TEN VEGETABLE..18184.....(VN, V, L, D, GF, AN)**

Sodium: 463 Mgs (Original Version: 720 Mgs).

***REDUCED SODIUM HOMESTYLE CHICKEN NOODLE..18203.....(L, D)**

Sodium: 479 Mgs (Original Version: 790 Mgs).

LIGHTER

Full flavored, yet light and brothy at or below 150 calories in an 8oz serving.

***NEW!*CHIPOTLE CORN & TOMATO..18286.....(V, VN, L, D, GF)**

A light and refreshing tomato soup packed with freshly shucked corn and fresh vegetables gently simmered in a smoky vegetarian broth.

***LEMON CHICKEN SPINACH & ORZO..18303.....(L, D, AN)**

A delicate combination of lemon, chicken, spinach and orzo makes this a light, Mediterranean-inspired soup.

***SPICY CHICKPEA & LEMON..18219.....(VN, V, L, D, AN)**

We pair chickpeas, tomatoes and orzo in this zesty vegetable soup, along with a touch of lemon to give this brothy soup a bright flavor.

***FALL SUCCOTASH..18157.....(VN, V, L, D, AN, GF)**

A vegetable medley of fresh corn, Cremini mushrooms, sweet potatoes, garlic, and baby lima beans with crushed red pepper.

***CHICKPEA KALE WILD RICE..18297.....(VN, V, L, D, AN, GF)**

This hearty, vegan soup is brimming with tender kale, wild rice, vegetables and chickpeas.

CHICKEN VEGETABLE..18280.....(L, D, GF, AN)

Vegetables and chicken simmered in scratch-made chicken broth with dill.

GINGER CARROT ARTICHOKE..18103.....(VN, V, L, D, GF, AN)

A light puree of fresh ginger and carrots with tender pieces of artichoke. This soup can be served hot or chilled.

TEN VEGETABLE..18110.....(VN, V, L, D, GF, AN)

This hearty, tomato based soup is loaded with fresh vegetables and herbs, and seasoned with garlic and basil.

PASTA E. FAGIOLI..18108.....(VN, V, L, D)

A classic Italian soup of ripe tomatoes simmered with red kidney beans, pasta, and Italian herbs.



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TOMATO BASIL W/ RICE..18113.....(VN, V, L, D, GF, AN)
A robust tomato broth, brimming with rice and fresh basil.

TOMATO KALE..18205.....(VN, V, L, D, GF, AN)
A light tomato broth chock-full of Tuscan kale and sweet basil with garlic and olive oil.

VEGETABLE NOODLE..18117.....(L, D)
Our very own Soup Starter made with chicken stock, noodles, and fresh vegetables that can be served alone or with an added protein for more flavor.

CHILI

Our take on the traditional chili, with delicious seasonings and spices.

***TEXAS BEEF CHILI..18230.....(D)**
Tender ground beef enveloped in a deep, chili flavored sauce sweetened with a touch of dark beer.

***TURKEY CHILI..18191.....(D, GF, AN)**
Lean ground turkey, pinto beans, and spices make up this meaty and satisfying version of a classic dish.

HOMESTYLE TURKEY CHILI..18283.....(D, GF)
A hearty full-flavored chili, loaded with ground turkey and spiced with poblano, chipotle, and mixed peppers.

THREE LENTIL CHILI..18111.....(VN, V, L, D, GF)
A rich blend of red, green, and yellow lentils with dark brown sugar, spices, peppers, and simmered vegetables.

CHOWDER

Our chunky, flavorful chowders, including original recipes of this classic comfort food.

***SWEET POTATO CHICKEN CHOWDER..18264.....(GF, AN)**
A wonderful chicken chowder with a southern twist, made with sweet potatoes, heavy cream and dill.

H&H NEW ENGLAND CLAM CHOWDER..18107..(GF, contains pancetta)
The flavorful combination of clams, pancetta, and potatoes with the special H&H touch of parsley and scallions.

TRADITIONAL NEW ENGLAND CLAM CHOWDER..18266..(contains bacon) *Thick and creamy, loaded with clams, bacon, and potatoes.*

MANHATTAN CLAM CHOWDER..18106.....(GF, contains pancetta)
Tomato based chowder brimming with clams, pancetta, potatoes, and a dash of Tobasco sauce for a hint of heat.

SWEET CORN CHOWDER..18109.....(GF)
Potatoes, sweet corn, and nitrate free bacon simmered in a creamy broth with a hint of white and cayenne pepper.