



VANNS SPICES

In stock and available

| ITEM # | PRODUCT DESCRIPTION |
|--------|---|
| 7015 | ALLSPICE, GROUND (18 oz.) <i>s/o</i> |
| 7089 | ALLSPICE, WHOLE (12 oz.) <i>s/o</i> |
| 7095 | ANCHO CHILI POWDER (15 oz.) |
| 7016 | ANISE SEED, WHOLE (16 oz.) <i>s/o</i> |
| 7085 | ANISE, STAR (5 oz.) |
| 7017 | ARROWROOT (18 oz.) |
| 7107 | BASIL LEAVES (5 oz.) |
| 7018 | BASIL LEAVES, WHOLE (24 oz.) <i>s/o</i> |
| 7019 | BAY LEAVES (1 oz.) |
| 7322 | BARBECUE RUB SPICE (24 oz.) |
| 7302 | BERBER, ETHIOPIAN (18 oz.) <i>s/o</i> |
| 7080 | BLACKENED SEASONING (20 oz.) |
| 7056 | CAYENNE PEPPER (15 oz.) |
| 7022 | CARAWAY SEED (18 oz.) |
| 7126 | CARDAMOM, GROUND (18 oz.) |
| 7088 | CARDAMOM, WHOLE IN PODS (12 oz.) |
| 7024 | CELERY SALT (32 oz.) |
| 7023 | CELERY SEED (16 oz.) |
| 7061 | CHESAPEAKE BAY SEASONING (30oz.) |
| 7062 | CHESAPEAKE BAY SEASONING (112 oz.) |
| 7025 | CHILI POWDER, DARK (18 oz.) |
| 7026 | CHILI POWDER, LIGHT (18 oz.) <i>s/o</i> |
| 7073 | CHINESE FIVE SPICE (18 oz.) |
| 7116 | CHIPOTLE CHILI POWDER (15 oz.) |
| 7028 | CINNAMON, GROUND (20 oz.) |
| 7029 | CINNAMON, STICKS (8 oz.) |
| 7030 | CLOVES, GROUND (16 oz.) |
| 7031 | CLOVES, WHOLE (12 oz.) <i>s/o</i> |
| 7032 | CORIANDER, GROUND (14 oz.) |
| 7047 | CORIANDER, WHOLE (10 oz.) |
| 7033 | CREAM OF TARTAR (28 oz.) |
| 7020 | CREOLE SEASONING (16 oz.) <i>s/o</i> |
| 7034 | CUMIN, GROUND (18 oz.) |
| 7035 | CUMIN SEED, WHOLE (15 oz.) |
| 7036 | CURRY POWDER, MILD (18 oz.) |
| 7037 | DILL WEED (6 oz.) |
| 7106 | FAJITA SEASONING (24 oz.) |
| 7038 | FENNEL SEED (12 oz.) |
| 7137 | FENNEL SEED, GROUND (12 oz.) <i>s/o</i> |
| 7110 | GARAM MASALA (18 oz.) |
| 7039 | GARLIC, GRANULATED (24 oz.) |
| 7076 | GARLIC POWDER (18 oz.) |
| 7040 | GINGER, GROUND (14 oz.) |
| 7084 | GUMBO FILE (12 oz.) |
| 7087 | HERBS DE PROVENCE (6 oz.) |
| 7021 | ISLAND JERK SEASONING (10.5 oz.) |
| 7121 | ITALIAN SEASONING (9 oz.) <i>s/o</i> |
| 7041 | JUNIPER BERRIES (10 oz.) |
| 7096 | LAVENDER (4 oz.) <i>s/o</i> |
| 7321 | LEMON PEPPER SEASONING (20 oz.) |
| 7094 | MARJORAM (4 oz.) |
| 7043 | MUSTARD SEED, BROWN (24 oz.) |
| 7111 | MUSTARD SEED, YELLOW (24 oz.) |
| 7044 | NUTMEG, GROUND (18 oz.) |
| 7045 | ONION, GRANULATED (20 oz.) |
| 7046 | ONION POWDER (18 oz.) |
| 7048 | OREGANO LEAVES (6.3 oz.) |
| 7075 | OREGANO LEAVES (24 oz.) <i>s/o</i> |

| ITEM # | PRODUCT DESCRIPTION |
|--------|--|
| 7120 | PAPRIKA, SMOKED SPANISH (18 oz.) |
| 7049 | PAPRIKA, SWEET HUNGARIAN (18 oz.) |
| 7079 | PARSLEY LEAVES (2 oz.) |
| 7081 | PEPPER, BLACK COARSE GRIND (16 oz.) |
| 7051 | PEPPER, BLACK CRACKED (16 oz.) |
| 7052 | PEPPER, BLACK FINE GRIND (16 oz.) |
| 7050 | PEPPER, BLACK TABLE GRIND (72 oz.) |
| 7077 | PEPPER, BLACK TABLE GRIND TELLICHERRY (16 oz.) |
| 7053 | PEPPERCORN, BLACK TELLICHERRY (18 oz.) |
| 7131 | PEPPERCORN, GREEN (6 oz.) |
| 7301 | PEPPERCORN, PINK (10 oz.) |
| 7099 | PEPPERCORN, RAINBOW (18 oz.) |
| 7105 | PEPPERCORN, SZECHUAN (8 oz.) <i>s/o</i> |
| 7082 | PEPPERCORN, WHITE (18 oz.) |
| 7055 | PEPPER, RED CHILI CRUSHED (11 oz.) |
| 7057 | PEPPER, WHITE GROUND (16 oz.) |
| 7058 | PICKLING SPICE (12 oz.) |
| 7059 | POPPY SEED (22 oz.) <i>s/o</i> |
| 7072 | POULTRY SEASONING, GREEN (9 oz.) |
| 7078 | PUMPKIN PIE SPICE (17 oz.) |
| 7112 | QUEBEC STEAKHOUSE SEASONING (24 oz.) |
| 7097 | RAZ EL HANOUT (18 oz.) <i>s/o</i> |
| 7055 | RED CHILI PEPPER, CRUSHED (11 oz.) |
| 7060 | ROSEMARY, WHOLE (10 oz.) |
| 7109 | ROTISSERIE CHICKEN SEASONING (20 oz.) |
| 7063 | SAGE, RUBBED (8 oz.) |
| 7091 | SALT, FLEUR DE SEL (26 oz.) <i>s/o</i> |
| 7103 | SALT, ROCK COARSE (10# TUB) *Not for Human Consumption |
| 7304 | SEA SALT, SMOKED ALDERWOOD (30 oz.) <i>s/o</i> |
| 7074 | SEASONED SALT (30 oz.) <i>s/o</i> |
| 7071 | SESAME SEED, BLACK (24 oz.) |
| 7064 | SESAME SEED, WHITE (20 oz.) |
| 7347 | SUMAC, GROUND (20 oz.) |
| 7098 | TACO SEASONING (22 oz.) |
| 7083 | TANDOORI SPICE (22 oz.) |
| 7065 | TARRAGON LEAVES (4.5 oz.) |
| 7067 | THYME LEAVES (7.5 oz.) |
| 7102 | THYME LEAVES (35 oz.) <i>s/o</i> |
| 7136 | TURMERIC POWDER (16 oz.) |
| 7090 | VANILLA BEANS (8 oz.) <i>s/o</i> |
| 7066 | VANILLA EXTRACT, PURE (QUART) |
| 7092 | WASABI POWDER, GREEN (16 oz.) |
| 7349 | ZAHTAR (14 oz.) <i>s/o</i> |

GRAINS / LENTILS

| ITEM # | PRODUCT DESCRIPTION |
|--------|--|
| 7113 | BULGAR WHEAT, COARSE (5# CARTON) |
| 20774 | LENTILS, BLACK BELUGA (5# CARTON) |
| 20773 | LENTILS, GREEN DRY FRENCH (5# CARTON) <i>s/o</i> |
| 20088 | WHEAT BERRIES (5# CARTON) |



May 2018

s/o = Special Order
please allow 2-3 days for delivery

For more information, contact your Metropolitan Sales Representative at
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